The risk of a case being imported to the Caribbean remains possible.

At this time, NO case has been confirmed in the Caribbean, but other countries (USA, Canada etc.) have reported imported cases.

Remember to stay informed about the COVID-19 situation in any countries that you are travelling to.

Practice general infection control measures such as frequent hand-cleaning routines with alcohol-based hand sanitizer or soap and water; covering your mouth and nose with flexed elbow when sneezing and coughing; avoid touching your face, mouth, nose eyes and eat only fully cooked foods.

Travellers arriving or returning from a COVID-19 affected country

Travellers are advised to:

- seek information about the current COVID-19 situation and remain aware of up-to-date information from the World Health Organisation (WHO) or the Ministry of Public Health in the destination country;

- be cooperative by submitting yourself for screening if requested by airport officials in home country and again at airports in connecting countries. They may take your temperature and ask about your activities to assess the likelihood of you acquiring the infection;

- ensure that you have received all your vaccines (yellow fever, measles, etc.) as recommended by your Ministry of Health and remember to walk with your yellow fever International Immunization card.

For more information contact the Ministry of Public Health Hotline: 227-4986 ext. 215 / 624 3067.
Guidance for Returning Travellers to Guyana

- Seek medical care and stay at home if you develop symptoms of COVID-19 during travel and mention your travel history.

- If you develop symptoms during travels or upon arrival into Guyana or any territory, tell a flight attendant immediately, OR a port health officer or a border services officer. They will determine whether you need further medical assessment.

- Monitor your health upon your return or entry into Guyana from a country affected by the Novel Coronavirus.

- Seek medical attention if you notice any of the symptoms within 14 days after your arrival in Guyana: Symptoms may include fever, headache, fatigue, severe and non-productive cough, difficulty breathing, vomiting, diarrhoea or any other severe symptoms.

- Be sure to tell your healthcare provider that you have travelled to a country where Novel Coronavirus was present. Be sure to tell them also about the activities or work you participated in and whether there was contact with a person known or suspected to have been infected by the COVID-19.

Travellers going to a COVID-19 affected Areas

Travellers are advised to:

- pay attention to health alerts and take ALL necessary precautions;
- avoid non-essential travel to China;
- restrict travels to Wuhan Providence, China.

For more information contact the Ministry of Public Health Hotline: 227-4986 ext. 215 / 624 3067.
Guidance for Travellers leaving Guyana

Before you travel:

- seek information about the current COVID-19 situation and remain aware of up-to-date information. Some cities may be closed to travellers.

- assemble a travel health kit including a thermometer and know where you can seek medical care in case you start to feel ill.

While Travelling:

- Avoid areas with outbreaks. Follow directives issued by the local Ministry of Public Health and/or World Health Organisation (WHO).

- The virus can spread through person-to-person contact. Avoid direct contact with people that are visibly sick.

- Avoid contact with blood and other body fluids especially of a person you think is sick.

- Avoid close contact with or handling of live or dead animals, as both may spread the virus.

- Avoid eating raw or under-cooked meat.

- Practice strict and frequent hand-cleaning routines with alcohol-based hand sanitizer or soap and water.

- Know the symptoms of Novel Coronavirus and seek medical care if you develop flu-like symptoms: fever, headache fatigue, severe and non-productive cough, difficulty breathing, vomiting, diarrhoea, or any other severe symptoms.

- Symptoms may start up to 2 weeks after exposure to the virus. Monitor your health and that of your travelling partners.

- If you need to seek medical care, let your healthcare provider know that you travelled to an area affected by the Novel Coronavirus.

For more information contact the Ministry of Public Health Hotline : 227-4986 ext. 215 / 624 3067.